

MINUTES OF THE MEETING REGARDING ESTABLISHMENT OF A CENTRE FOR COUNSELLING AND PSYCHOLOGICAL HEALTH ON THE CAMPUS HELD ON 16.08.2019 AT 11.00 A.M. IN THE OFFICE OF DEAN STUDENTS' WELFARE OFFICE

PRESENT:

1. Dean Students' Welfare	-	Convener
2. Chief Warden (Boys)	-	Member
3. Chief Warden (Girls)	-	Member
4. HOD Sociology	-	Member
5. HOD Psychology	-	Member
6. Dr. Jyoti Raj, G.C. Murthal	-	Member
7. Director Youth Welfare	-	Member

The following decisions were taken during the meeting .




1. The committee in principle agreed that a Centre for Counselling and Psychological Health be established on the Campus in the interest of the students. For working out the modalities of this centre, the following committee is proposed :-

- i) Dean Students' Welfare
- ii) Chief Warden (Boys)
- iii) Chief Warden (Girls)
- iv) Head, Deptt. of Psychology
- v) Head, Deptt. of Sociology
- vi) Dr. Jyoti Raj, G.C. Murthal
- vii) Director Youth Welfare

2. Decided that fortnightly cultural evening for UTD students be organized as "Happiness Time" for managing the stress levels of the students.
3. Each department should organize cultural events at departmental level amongst the students.
4. Happiness classes should also be organized.
5. Till the appointment of Counsellor, the services of the Psychology Deptt. will be utilized for providing the counselling facilities to the students.
6. The task of identification of isolated students should be assigned to the concerned mentors of the each class, he / she will provide the special training session for such type of students at departmental level. If the students are in large number, a central programme may be organized at DSW Office.

[Handwritten signatures and dates]
16.8.19

7. A counsellor^{/S} may be appointed through outside agency in the DSW Office for providing counselling facilities in the hostels.
8. The happiness / wellness status of the students shall be measured by taking the support of Psychology and Sociology departments.
9. All the HODs/Directors will ensure that mentor facilities are conducted regularly and effectively for identifying the issues related to the students. The mentor will submit the report of the same to the HOD once in a month.
10. Special movies/public talks concerning social taboos should be shown to the students. Other activities such as Nukad Nataks and / or one act plays should also be organized to spread awareness amongst the students regarding prevailing social taboos.


 (Dean Students' Welfare)
 
 (Chief Warden Boys)
 
 (Chief Warden Girls)


 (HOD Psychology)
 
 (HOD Sociology)
 
 (Dr. Jyoti Raj)


 (Director Youth Welfare)

Enclat. No. DSW/2019/ 700-739

Dated: 16.9.2019

Copy of the above is forwarded to the following for information and further necessary action:-

- 1) All HODs/Directors, UTD, MDU Rohtak
- 2) D.Y.W., MDU Rohtak


 Dean, Students' Welfare
 M.D. University, Rohtak